

### **Cash Wise**

Cash Wise offers free support to any Wakefield resident to take control of their finances. More information can be found here: <https://www.getcashwise.co.uk/>

### **Gaming and Gambling**

As part of the [National Gambling Support Network](#), we deliver a range of support. Our structure support is free, flexible and confidential. We can deliver this face-to-face, over the phone or online – helping you find the option that is comfortable for you.

We can also provide [dedicated support for young people](#) under 18 across the whole of the UK, including Northern Ireland.

### **Triple P**

Online parenting courses to support your understanding of your child's emotions.

More information can be found here: <https://www.triplep-parenting.uk.net/uk/triple-p/>