

Before you use the internet you should...

Ask permission from a trusted adult and never use a website we have been told not to.

Remember, some websites have age restrictions. For example,



WhatsApp = 16 years old
Facebook, Snapchat, Instagram,
Skype = 13 years old
Youtube = 13 years old
Tik Tok = 13 years old

If I have a problem online, what do I do?

- Keep calm and tell a trusted adult like a parent or teacher straightaway.
- Leave your webpage or text message on so a trusted adult can see what has made you worried or upset.

Who else can I speak out to?

If you think you or someone else has been or is at risk of being harmed by anything they have seen online and a trusted adult isn't available, then you can contact Childline. They will listen to your problem and offer you advice. Call: **0800 1111**

Website: www.childline.org.uk



I am worried about the way someone has treated me online. What should I do?

Block and report anything on the platform you are using!

Your parents could visit:

www.thinkuknow.co.uk

They can report anything directly to the police.



West End Academy



Child Friendly E-Safety Policy

*We believe in keeping
everybody happy, healthy
and safe online!*

E-Safety Policy

What does e-safety mean?

- E-Safety means electronic safety.
- It means making sure that everyone understands how to use the internet in a safe and fun way!

Why do we need this policy?

- To keep ourselves safe so we can use the internet at home and at school.

Why do we like using the internet?

- We can learn lots of new things.
- We can have lots of fun.
- It will help us with our school work.
- You can stay in touch with your friends or family.



What are the dangers of going online?

- We could see or hear things that are not suitable for children.
- People on the internet can pretend they are someone else.
- People could ask for our personal information, which is dangerous.
- Not everybody who uses the internet is kind.
- Some websites are not appropriate for our age.
- Being misled by information that has been posted which is not true.
- Our devices can be hacked by viruses.
- Knowing the dangers of giving your consent (permission).

How can we keep safe online



Safe: Keep safe by being careful to not give out personal information e.g. email, phone number, address and passwords.



Meeting: Meeting someone you meet online can be dangerous. Only do so when a trusted adult is with you.



Accepting: Be careful when opening emails, attachments, messages etc from someone who you do not know. It could contain harmful viruses!



Reliable: Information on the internet may not always be true. People can lie about who they are.



Tell: Tell a trusted adult (parent or a teacher) if someone or something makes you feel uncomfortable or if someone is being bullied online.